



Parental Support Framework

AIS High Performance Coach Development

Women in High Performance Coaching



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Funding up to \$3k per year per participant*



Funding available throughout the 2-year program



Led by the Australian Institute of Sport



Supports all parent / carer coaches



Aims and Objectives

Purpose: reduce barriers for coaches with caring responsibilities, particularly women in high-performance pathways.

Aim: fund practical support so coaches can attend learning and development activities, work-related travel and learning opportunities.

Description

Eligible parent/carers coaches can access up to **\$3,000 per year*** for costs linked to Learning Labs, camps, competitions and work travel.

Includes babysitting or childcare, child travel during the program, required equipment hire, and meals for a child attending.

**budget dependent*

Challenges / Opportunities

Challenge: care commitments can make travel and in-person learning difficult.

Opportunity: promote support before applications so coaches can plan with confidence.

Not eligible: entertainment or education costs for children.

Outcomes and Impact

Impact: greater access to coach education, less stress and stronger participation.

Retention: parents/carers can balance elite coaching with family responsibilities.

Pipeline: advance communication encourages more diverse Gen32 applicants.



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Recommendations

Fund care costs linked to travel, camps and learning labs.

Reframe family responsibilities as a workforce participation issue.

Keep processes simple for eligibility, approval and reimbursement.

Review uptake and feedback regularly, then refine support.

Application for others

Core insight: Small, targeted investment removes practical barriers for coaches with caring responsibilities.

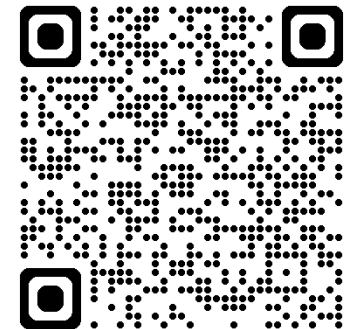
Why it matters: Support reduces stress, protects development time and helps retain talented coaches.

Scale it: Embed family-friendly support into coach pathways to improve access, diversity and retention.



National Generation 2032 Program

Australian Institute of Sport development program helping to support female high-performance coaches - ABC News



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‘The parental support meant that in my situation, I was able to breast feed for longer. I didn’t have to make a choice between two extremely important things in my life, I was able to commit to my coach education and my family in a way that suited us and my work, which meant I had better outcomes in both. Less stress all around, meant more focus on learning and being present.’

Bernadette Wallace OLY